

# Sheffield Diving Newsletter



Information for members of the Sheffield City Council Diving Programme & the City of Sheffield Diving Club

September 2010

## COMPETITIONS

All press releases are available to view on the website.

### GBDF SUMMER CHAMPIONSHIPS

19 divers from the City of Sheffield Diving Club travelled to Maltby Sports Centre to take part in the GBDF Summer Novice & Intermediate Championships. The team won a total of 14 medals, including 7 golds, 6 silver and 1 bronze. See the full results below:

**Novice Boys 10-11yrs** - Ethan Chan 1<sup>st</sup>

**Novice Girls 9 & Under** - Tillie Wilson 1<sup>st</sup>

**Novice Girls 10-11**- Charlotte Giblin 1<sup>st</sup>, Miriam Hyde 2<sup>nd</sup>, Tia McGarry 3<sup>rd</sup>, Holly Cavell 6<sup>th</sup>, Molly Bulmer 8<sup>th</sup>, Harriet Hunter 9<sup>th</sup>, Taylor Mia Murphy 10<sup>th</sup>, Heidi Johnson 11<sup>th</sup>, Olivia Johnson 12<sup>th</sup>, Lauren Mansell 16<sup>th</sup>

**Intermediate Girls 9 & U** - Scarlett Miskin 1<sup>st</sup>, Holly Colvill 2<sup>nd</sup>

**Intermediate Girls 10-11yrs** - Sarah Leach 1<sup>st</sup>, Matilda Rhys-Kristensen 2<sup>nd</sup>

**Intermediate Girls 12-13yrs** - Robyn Waistnidge 1<sup>st</sup>, Elissa Parkin 2<sup>nd</sup>

**Intermediate Girls 14-16yrs** - Alice Nowill 2<sup>nd</sup>

**Intermediate Synchro** - Matilda Rhys-Kristensen & Sarah Leach 1<sup>st</sup>, Miriam Hyde & Holly Colvill 2<sup>nd</sup>, Charlotte Giblin & Scarlett Miskin 4<sup>th</sup>

### MONIQUE & MEGAN EUROPEAN BRONZE

Monique Gladding and Megan Sylvester won a Bronze medal in the Women's 10 metre synchronised platform event at the 2010 European Diving Championships. The pair were only 6 points away from a silver medal. Monique finished 7<sup>th</sup> in the Women's 10 metre platform event. This was only her second individual competition for several years.

Nick Robinson-Baker finished 12<sup>th</sup> in the 1 m individual event and 5<sup>th</sup> in the 3 metre synchro event with Chris Mears from Southampton.



## DEHLI 2010 COMMONWEALTH GAMES

Monique Gladding & Nick Robinson-Baker will compete in the 2010 Commonwealth Games, taking place in India from the 3<sup>rd</sup>-14<sup>th</sup> October. Monique will compete in the Women's 10 metre platform event and Nick will compete in the Men's 1m, 3m and 3m synchro events. Steve Gladding will be attending as part of the coaching team. For more information on the events and the schedule visit [www.cwgdelhi2010.org/](http://www.cwgdelhi2010.org/)



## YOUTH OLYMPICS & FINA WORLD CHAMPIONSHIPS

16 year old Sheffield diver Megan Sylvester represented Great Britain in the Girls 16-18years 10m platform event at the 2010 Youth Olympic Games in Singapore, where she finished in 10<sup>th</sup> position. Megan was a little disappointed after coming into the competition in great form having won the bronze at the senior European Championships earlier in August, but gained important experience to take into the World Junior Championships. Megan then travelled to Tuscan in Arizona to compete at the prestigious World Junior Championships. Megan qualified for the 10m platform final in 6<sup>th</sup> position and finished the final in 8<sup>th</sup> place overall. This was a fantastic achievement as it was only Megan's second individual competition for a year and a half due to an injury.

## CHILD WELFARE OFFICER

Kate Miskin is soon to be appointed as the new Club Child Welfare Officer. Look out for Kate's contact details and further info on the notice board soon.

## 2010-2011 DIVING SEASON

As we move into the new 2011 competition season please find some important information on the Club & Scheme.

**Competitions & Entry Procedures** - The latest Club Information Pack with details of competition entry procedures, along with the Club and British Diving Calendars are available on the noticeboard and website.

**Communications** - The training scheme and the club utilise email as a vital communication tool and have created a joint mailing list of members. Important information such as training alterations, cancellations & competition letters can be distributed cost effectively via this method. Members are required to give permission for their e-mail address to be used when completing the annual club membership form. Your email address will be passed on to the appropriate committee members such as the Memberships Officer and Events Coordinator, so that they can contact you with important information. It is the member's responsibility to ensure the club has an active email address. If your email or contact details change please inform Nikki Smith as soon as possible. Please utilise the Club Post Box to post competition entries, payment for competitions or merchandise, reply slips and feedback.

**Notice Board / Website / Newsletters** - Details of many important aspects of the Council Training Scheme and the Club are displayed on the diving website and notice board. These should be regularly checked for general information such as training alterations, cancellations and letters. Newsletters are produced on a regular basis and are emailed to all members on the mailing list. The latest version is displayed on the diving notice board. If you have an article that you would like to see in the newsletter please contact Nikki Smith.

**Council and Club Policies** - The Sheffield City Council and the City of Sheffield Diving Club have joint codes of conduct, child protection, anti bullying and dress code policies. All divers and parents / guardians will be asked to read the Code of Conduct when joining the scheme. Divers and parents / guardians will be asked to sign to confirm they have read and will adhere to these

policies when completing the annual membership form. All policies are available to view on the website.

**Photography and Filming** - As a high profile club, divers are often featured in local & national newspaper articles, promotional websites, photo shoots and on local television news shows. The club also produces an annual club calendar containing images of divers and uses diver images on the club website. All parents & guardians are required to give permission to allow the filming & photographing of divers under the age of 18 years old for Council & Club purposes. This is done when completing the annual membership form.

**Movement between Squads** - The squad training scheme aims to produce elite divers to represent Great Britain at Junior and Senior international level. Divers skill development, competition performance, physical ability, willingness to learn new dives and commitment to training will be considered when moving between squads. After squad allocation divers must commit to the squad by showing a positive training attitude, a willingness to work towards their goals and meet attendance requirements. There may be times that an individual struggles with high levels of training, or when the coach's feel that a diver needs to move into a different squad that will be more appropriate to their physically or mental ability. All children will learn, develop and mature at a different rate, which may be reflected in the squad that they are in, until they have come through their various stages of development.

**OLYMPIC DREAMS** - The 'Olympic Dreams' exhibition has been created by photographer James Dodd and contains 8 images of Sheffield divers in action. The photographic exhibition takes place at Bank Street Art Studio from the 1<sup>st</sup> - 28<sup>th</sup> of September from 10-5pm each day. The exhibition marks the halfway point between the start of James's 2012 photographic project, which looks at diver's preparations towards the 2012 Olympics and beyond. The photographs were recently described in The Observer's New Review as "a riveting series of photographs". For more information visit [www.bankstreetarts.com/](http://www.bankstreetarts.com/)

**Head Coach** - [nikki.sheffielddiving@yahoo.com](mailto:nikki.sheffielddiving@yahoo.com)  
**Secretary** - [gayners@blueyonder.co.uk](mailto:gayners@blueyonder.co.uk)  
**Merchandise** - [semperdanzac@aol.com](mailto:semperdanzac@aol.com)  
**Event Coordinator** - [dawnmilton@supanet.com](mailto:dawnmilton@supanet.com)  
**Membership/Treasurer** - [stuandsheli@tiscali.co.uk](mailto:stuandsheli@tiscali.co.uk)

### UPCOMING COMPETITIONS

White Rose Novices, 9<sup>th</sup>-10<sup>th</sup> October, Leeds  
Southampton Invitational, 23<sup>rd</sup>-25<sup>th</sup> October  
TID Games, 14<sup>th</sup> November, Leeds  
Luton Kingfishers, 27<sup>th</sup>-28<sup>th</sup> November  
Sheffield Novice Invitational, 18<sup>th</sup> December